International Day of Happiness Challenge
Monday 20 March

IN KIND GIVING
we make a positive difference in the lives of others and the world around us by taking action to show appreciation, respect and compassion.

Principal's Report
Positive Education at OAS
RYPEN - (Rotary Program)
Apprenticeships & SBA's
Congratulations to Ali Southby
‘Unravelled’ Performance
International Exchange Programs
Primary SAPSASA
Swimming Carnival
Primary Swimming Lessons
Including photos
Premiers Reading Challenge
Student L/Ship Council
Sports Day Lunches
AFL Footy Tipping
Open Girls Tennis
Ikeda Cultural Exchange Visit
Learn to Swim
Geared 2 Drive

INTERNATIONAL DAY OF HAPPINESS CHALLENGE
Monday 20 March

HAPPINESS is not something ready-made. It comes from your own ACTIONS.
Dalai Lama

Diary Dates

International Day Of Happiness Mon 20/3

R to 12 Sports Day
Tuesday 21/3

Year 10 students - Work Experience 27/3 to 31/3
R-6 Parent/Teacher Conversations Wed 5/4 & Thu 6/4
Early Dismissal - 2.15pm Thur 13/4

GOOD FRIDAY Fri 14/4

Term 2 Commences Mon 1/5
NAPLAN 9/5 to 12/5
Operation Flinders 9/5 to 16/5
As we draw towards the end of the term, there is plenty of excitement around Sports Day. Then many of the students are involved in the summative assessments that provide grades towards their reports.

As it is a busy time, it is important that parents support their child by being interested in their work - but without taking over.

If you are concerned about your child, please contact the teachers so that we can help your child with the organisation and management of their workload.

**SPORTS DAY**

We are rapidly approaching Sports Day (Tuesday 21 March).

I’ve been reliably informed that this is a great community event with lots of colour and movement.

The competition is intense in both the sporting sense as well as dressing-up and house spirit.

If you have time on Tuesday, please come and support the students in their competitions and enjoy the carnival-like atmosphere.

**FIRST IMPRESSIONS - 7 to 12**

Last Wednesday and Thursday we had Parent Teacher First Impression interviews.

It was heartening to see the number of parents that are interested in being part of their child’s education.

Each of the parents that I talked to were thankful for the feedback from teachers and wanted to work in partnership with the school to get the best outcomes for their children.

If there are parents that couldn’t make it to the evening but would like some feedback, please don’t hesitate to ring the school and talk to the teachers.

**SCHOOL COUNCIL - AGM**

The School Council Annual General Meeting took place last Monday with the election of office bearers to the Council and Finance Committee.

I’m pleased to report that Andrew Sinnott has been elected as Council President, Fiona Hennig Vice-President, Samantha Richardson Secretary and Sue Miners Treasurer.

Council members include Joanne Casement, Paul Yeates, Darren Pfeiffer and Leon Driessen. Staff are represented by Nikki Kearlon, Bev Bonython, Lawrie Cresp and Bron Hall.

Helen Connolly has just been announced as South Australia’s first Commissioner for Children and Young People.

A number of children of all ages were involved in her selection.

The Commissioner for Children and Young People is a new position to promote and monitor the overall wellbeing of the children of South Australia.

Helen’s role incorporates advocating for the rights and interests of all children and young people, and promoting participation by children and young people in the making of decisions that affect their lives.

Helen is working on a plan to communicate with the children of this state.

Bruce Oerman  
Principal
For all new OAS families, my name is Keysha Errington and I am the Art and Design teacher at OAS. I also help to coordinate Positive Education within the school from Reception through to Year 12.

In 2017, senior school students are timetabled one ‘Civics’ lesson per week with a focus on Positive Education (in line with Martin Seligman’s PERMA wellbeing framework) and the Primary School students have their Positive Education embedded into their weekly curriculum.

Some people might say “Why do the students participate in positive education?” - well there are many reasons and benefits.

Schools are seen as environments where students are constantly aiming to achieve personal goals, but for some it is extremely hard to achieve these goals or focus on school work if one is not feeling good about oneself or what might be happening their family or social circle.

Positive education educates students on how to develop strategies around being mentally and physically healthy with a focus on: coping, resilience, optimism, mindfulness, happiness, healthy relationships, engagement, gratitude, exercise, sleep, nutrition, setting achievable goals, achievement, and doing something for a reason and feeling good about it.

Positive Education teaches students lessons that are forever evolving. It is an ongoing thought and/or action process which focuses on character strengths both within us and others.

As the old saying goes: DO GOOD FEEL GOOD, FEEL GOOD DO GOOD. If we do nice things for others it generally make us feel good within ourselves. This notion also has a positive flip side. If we feel good due to healthy sleeping habits, exercise and nutrition we often perform better on our school work and tasks for which we set our minds to.

Over the past 6 weeks the whole school Positive Education focus has been ‘Positive Health’ which ties in well with our up and coming Sports Day and the primary school swimming.

Positive Health includes: physical health, sleep, nutrition, optimism, resilience and mindfulness.

### VIA Character Strengths & Virtues
(Peterson and Seligman, 2004)
Optional task for parents to do at home with their children in order to create a community of ‘Positive Thinkers’:

Every day when your child gets home from school, ask them to tell you three good things that happened to them during the day.

Don’t allow your child/children to talk negatively, help to make them focus on the positives.

Get your child/children to “smell the roses” and notice the small components which make up our days that bring us joy or happiness.

It might start off with a focus on their friends but this is OK.

After several weeks you will notice a difference in the way that they approach you when you ask this question and the task itself will become easier for them to engage in.

Keysha Errington
Positive Education Coordinator

The Rotary Youth Program of Enrichment (RYPEN) is an introductory leadership development program for young people, sponsored by Rotary. If you are aged between 14 and 17, you have the opportunity to attend this weekend Live-in Seminar in the picturesque Adelaide Hills.

Jam packed with informative presentations from leadership professionals, group sessions and recreational activities, the RYPEN seminar is a highly effective leadership and personal development experience.

- **WHEN:** April 21st to 23rd 2017
- **WHERE:** Woodhouse Activity Centre, Piccadilly
- **APPLY:** Application Forms are available from the Front Office at Oakbank Area School.
Apprenticeships and School Based Apprenticeships Now Available:

1 x Brick and Block Laying Cert 3 Apprenticeship - Full time or ASBA (if only need to complete research project). Need a driver’s license and a car. Adelaide.

10 x Roof Plumbing Cert 3 Apprenticeships - Full time or School based. Adelaide and Hills.

1 x Tiling Apprenticeship Cert 3 – Adelaide. Employer would prefer full time but would consider school based for the right applicant.

1 x Carpentry Apprenticeship. Must have recent carpentry experience. Full time hours preferred. Adelaide.

1 x ASBA Cooking, Summit Café. Day time hours except Friday nights. Employer looking for 2 days per week.

Please ring Abbie Cerchi on 0488 942 192 to get more information about applying for these positions.

WORK EXPERIENCE – YEAR 10

A reminder that all Year 10 students will be on Work Experience during Week 9 of this term - Monday 27 March to Friday 31 March.

Students should have already organised or be close to finalising arrangements for this week.

If parents have any questions, please direct your enquiries to either myself or Wayne Mardell at the school.

Kirsty Rogers
Senior Pathways Coordinator

CONGRATULATIONS ALI SOUTHBY!

REGIONAL SKILLS TRAINING

Regional Skills Training (RST) held their 11th annual Graduation Dinner and Ceremony on Friday 3rd February at the Festival Function Centre in Findon, with students and guests coming from all around the state.

Congratulations to Alison Southby who was presented with her parchment at graduation. Alison completed year 12 at Oakbank Area School in 2016, whilst working towards the completion of a Certificate 3 in Rural Operations with Regional Skills Training.

Course results may be used by students towards their SACE.

For further information about RST’s courses, please contact:
Trudy Docking – Program Manager
M: 0439 887 999 | E: trudyd@regionalskillstraining.com | P: 08 8553 1362
When we let people see inside...

This fresh new work was devised by the Ink Pot Arts Youth Ensemble, in collaboration with award-winning Adelaide Hills playwright and theatre maker Sally Hardy.

Using elements of dance, physical theatre and the spoken word, 8 young performers explored thoughts and feelings they usually keep hidden inside...discovering in the process that the common ground between them was stronger than the differences keeping them apart.

On Wednesday 1 March, Oakbank Area School was lucky enough to host ‘Unravelled’ as a part of the Fringe. All high school (Years 7 to 12) students attended this performance which was very well received.

Student comments after the show included:

“I enjoyed Unravelled and thought that it was a good idea to show to school students because it was very relatable. It was something you could laugh along to, cringe at and even empathise with when connecting to the characters. It was very emotionally interactive and interesting.”
Brooklyn

“Even though I found parts hard to follow I found myself relating to some of the characters”.
Caitlyn

“The young performers were marvellous and I felt that I could relate to the topics they were sharing. The performance had the right amount of comic relief and also was a great show”.
Dylan

“I think that the play was really good and worth watching. I think that everyone could get something out of the production because they could relate to parts of it”.
Jayden

Keysha Errington
Positive Education Coordinator
International Exchange Programs

Call Reunion Island Home
Live and study on a French tropical island!

Student Exchange Scholarship
To celebrate the launch of our newest exchange destination, one lucky Year 9 or 10 student will win a full scholarship to live and study overseas on a year or semester program departing August 2017. The scholarship covers return flights and program costs.

Your new home - Reunion Island
Sitting in the Indian Ocean, off the coast of Madagascar is the island paradise, Reunion Island. The diverse and striking landscape is matched with a rich mix of European, Asian and African culture and this can be truly experienced in the island lifestyle, the sea, the religion and the outline.

How to apply
2. Complete the online application form and tell us in 500 words or less why you would be a great ambassador for our new destination
3. Upload a pic of yourself at your favourite place in the world, this can be close by or far away!
4. Print and submit

For more information contact us on 1800 500 501 or visit us at www.scce.com.au

This Scholarship is proudly sponsored by STA Travel.

Public Information Sessions
Term One

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<th>Location</th>
<th>Date</th>
<th>Time</th>
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<tr>
<td>Oaklands Park</td>
<td>February 7</td>
<td>7pm</td>
<td>Marion Cultural Centre, 287 Diagonal Road</td>
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<td>Oaklands Park</td>
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<td>Oaklands Park</td>
<td>March 17</td>
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<td>Marion Cultural Centre, 287 Diagonal Road</td>
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<td>Gawler</td>
<td>March 18</td>
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<td>Gawler Sport &amp; Community Centre, Nicon Terrace</td>
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<td>Barossa Valley</td>
<td>March 15</td>
<td>7pm</td>
<td>View Inn Hotel/Apart, 14 Murray St, Nuriootpa</td>
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<td>Oaklands Park</td>
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<td>Marion Cultural Centre, 287 Diagonal Road</td>
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<td>Oaklands Park</td>
<td>April 4</td>
<td>7pm</td>
<td>Marion Cultural Centre, 287 Diagonal Road</td>
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Please contact us on the below details for further information.
1800 500 501  www.scce.com.au  @scceaustralia  #thisisscce

You’re Invited!!
To discover the possibilities of Student Exchange
SAPSASA Swimming Carnival

On Thursday 3 March eleven students represented our school in the Swimming Carnival held at the Mt Barker Swimming Pool.

I would like to thank the parents who were present and took turns time keeping for the events.

Our school was entered in the Freestyle Relay and the Medley Relay.

The students who attended were:

<table>
<thead>
<tr>
<th>Elijah Bruce</th>
<th>Oscar Smith</th>
<th>Jordan Gade</th>
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<tbody>
<tr>
<td>Cain Orbell</td>
<td>Christian Klitzke</td>
<td>Laila Jackson</td>
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<tr>
<td>Bianca Schneider</td>
<td>Kaia Smith</td>
<td>Charlotte Casement</td>
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<td>Micah Mrazek</td>
<td>Dillon MacAuley</td>
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Well done to all of the above students who tried their very best on the day.

The best results by our swimmers were:

Oscar Smith - 2nd in Backstroke, 3rd in Freestyle and 3rd in Butterfly
Kaia Smith - 1st in Backstroke and 3rd in Freestyle.

Reception to Year 6 Swimming Lessons

From Monday 6 until Friday 10 March 2017 the primary students enjoyed a week of swimming lessons at the Adelaide Hills Memorial Swimming Centre at Woodside.

We were very fortunate that the weather was bright and sunny for the entire week.

The students thoroughly enjoyed their swimming lessons and were able to build on their swimming skills throughout the week.

A highlight was on Friday when all the students participated in a fun health hustle in the pool.

A huge thank you to the many parents, caregivers and relatives who visited the pool during the week to support their child’s swimming lessons. We sincerely appreciated your time and attendance.
PRIMARY SWIMMING PHOTOS

PREMIERS READING CHALLENGE

Is your child taking up the Challenge in 2017??

If so, please ensure they fill in their student reading records as they read their books, get them signed off as they go and please make sure your child hands them in to their teacher or the school contact person by:

Friday 1st September.

The Challenge is to read 12 books in total:

- Years 5 to 8 students read 8 books from the Challenge books, available on our website, and 4 of their own choice.
- Years 3 to 4 students read 6 books from the Challenge lists and 6 of their own choice.
- Years 1 to 2 students read 12 books of their own choice, and these can include prescribed texts and any other texts from their classrooms.

Student reading records are available from your child's teacher, or from the school contact person, who is usually someone in the school library (ask your child's teacher).

Your child/daughter can also Rate a Read, reviewing the books that they are reading and send this in to us on the website. We award 1 mark every month with a book until and their Teacher name and school are entered on our website. Also, we have a student blog section for posting and sharing thoughts about the Challenge and books that they are reading – encourage your children to have a go!

Enjoy the Challenge!

Yours sincerely,

Mark Williams
Premiers Challenges
mark@challengers.com.au

Department for Education and Child Development
Level 3, 31 Flinders St, Adelaide, 5000
Phone: 08 8209 5800 Mobile: 0417 804 018
Email: premiers@dech.sa.gov.au

Premiers is everyone's business.

DRUM LESSONS

at Oakbank Area School

Paul Auger — Drum teacher

I am a professional musician with many years of teaching and playing experience. I teach in the Hills area and have students ranging in age from 5 to 18. Lessons at Oakbank Area School are given during school hours on Wednesday.

All levels, any age welcome. Weekly half-hour lesson $50 per term

Contact Paul on 0418 142 446
The Student Leadership Council is up and running and has already held a Sausage Sizzle this Term which raised $90 in aid of a local wildlife rescue network.

Members meet fortnightly on Mondays at lunchtime, and this week were addressed by Mr Oerman about the importance of their role as ambassadors and the voice of the student body.

The team was introduced to Friday’s assembly and comprises:

President: Hayden Hills
Vice Presidents: Sam Clyma, Dylan Dawson, Jesse Maslen, Chelsea Pfeiffer
Council Members: Oliver Askew, Ani Baker, Jade Craven, Mikey Cutting, Isaiah Janiak, Acacia Mahlo, Kyle McAlley, Tom Megson, Oscar Smith, Solomon Tinéy, Willem Van de Velde, Jordarna Wilks, Taminka Wilks, Sophie Yeates

Discussions have already started about the winter social to be held during the Ikeda Visit in August, and we look forward to raising some funds for the CFS at the Sports Day food stall.

Don’t forget to order your Sports Day Lunch!

Order forms are available from the Front Office.

Students can order any of the following items from the Student Leadership Council Food Stall:

- sausage in bread
- egg and bacon sandwich
- subway roll or cookie
- Sandwiches
- jelly cups
- soft drinks
- fruit boxes or
- Water

Please make sure you place a Sports Day Lunch order by Friday 17 March to make sure your children don’t miss out and suffer from starvation on the day!

Annie Bainger
Student Leadership Council Leader
AFL FOOTY TIPPING

AFL Footy Tipping is a great way to have a bit of fun and compete against others.

Oakbank Area School in conjunction with our SANFL Zone Rep, Danijel Herbut, has set up a tipping site specifically for our school community.

This site can be accessed through the website called AFL Tipping, and then by using the code NNDV99X9 through "Join a comp".

There are prizes if you are lucky enough to be the first placed tipster in the State and Nation.

If this is out of your reach you can at least brag to be the best tipster in the school community without winning a prize.

Let's all get involved!

OPEN GIRLS TENNIS

On Friday 3 March, Oakbank Area School students ventured to the Balhannah community tennis courts to play a round robin tennis competition against Birdwood High School and Mary Mackillop College.

This competition was for Open Girls and our team consisted of Alice Perkins, Sophie Yeates, Chelsea Pfeiffer and Jackie Megson.

Oakbank’s first game was against Mary Mackillop College. They were far too strong for our girls defeating us 6 sets to nil, 36 games to 4. Mary Mackillop then did a similar job against Birdwood and will progress to the next stage of the state wide competition.

We finished the day playing against Birdwood. The competition against Birdwood was a lot closer than the other contests, but they eventually defeated us 4 sets to 2, 31 games to 19. Sophie and Alice were successful, winning their doubles 6 games to 3 and Sophie won her singles 6 games to 2.

Oakbank Area School would like to thank the Onkaparinga Tennis Club for the use of the courts and clubrooms for the day. They were much appreciated by all involved, especially the members of the other schools. A big thank you also to parent Glenys Megson for her support of the team.

Once again our students represented the school with distinction in regards to their behaviour and sportsmanship.
The Ikeda Senior High School Cultural Exchange Visit was extremely successful in 2016, and we look forward to the same success this year.

The program is a very important part of our school calendar and enables a better understanding of our own culture and Japanese culture as we interact with each other and try to make meaning of the world around us.

The success of the program is reliant upon the willingness of families to host a student for two weeks. We were fortunate to have so many wonderful caring families who shared their homes and took great care of the Japanese students last year.

Planning is now underway for Ikeda to visit us again this year in weeks 2 and 3 of Term 3.

We ask all families who are able to share their home with another person to seriously consider hosting a student.

Would you like the opportunity to have a cultural exchange student in your own home? Why not host a Japanese student for two weeks?

OAS is looking forward to hosting our sister school, Ikeda Senior High School during weeks 2 and 3 of Term 3 – Saturday 29 July to Sunday 13 August 2017.

We are seeking host families to care for a Japanese student aged between 14 and 16. Families with children of any age are acceptable, especially those with children in the 12-16 age group.

You will be rewarded both culturally and financially for your efforts.

If you are interested in hosting an Ikeda Exchange student, please send an email to Bev.Bonython257@schools.sa.edu.au with the following information:

- Name of your child
- Their home group/class information
- Your name
- Your address
- A contact telephone/mobile phone number
- Your preference for either a male or female student

Or phone 8398 7200 for more information.

Bev Bonython
Japanese Homestay Program Coordinator
Growth Mindset
intelligence can be developed leads to a desire to learn and therefore a tendency to
- embrace challenges
- persist in the face of setbacks
- learn from criticism
- find lessons and inspiration in the success of others

Fixed Mindset
intelligence is static leads to a desire to look smart and therefore a tendency to
- avoid challenges
- give up easily
- see effort as fruitless or worse
- ignore useful negative feedback

RESULTS
- they reach ever-higher levels of achievement
- may plateau early and achieve less than their full potential

Learning to swim well is an asset for life!

BOOK NOW
to be ready for summer

We have classes for all ages and all abilities (from 4 months upwards)
Redeem this voucher to receive a 10% discount for your first month
New Customers Only!

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154 Onkaparinga Valley Road
OAKBANK SA 5243

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Facsimile: (08) 8388 4718
Email: dl.0762.info@schools.sa.edu.au
Website: www.oakbankas.sa.edu.au
Facebook: http://www.facebook.com/oakbankas

GEARED2DRIVE
MOUNT BARKER - INFORMATION SHEET

Geared2Drive provides an opportunity for young people aged 15-21 years old to be an Australian Learner Permit holder, who otherwise seek the support to do so, to achieve the required supervised driving hours in order to be eligible to attain a provisional driving licence.

Important: This program offers a SUPERVISED DRIVING SERVICE ONLY. New drivers must secure professional driving lessons and are not part of a supervised driving school.

Priority Criteria to be eligible for the Geared2Drive program:
- Resident of Mount Barker Council area
- 15-21 years old
- Hold a valid Australian Learner’s Permit
- Have no other means to access a supervising driver and a suitable vehicle
- Have completed a minimum of 3 professional driving sessions and completed one within the last 120 days
- Hold a Driving Competency Assessment conducted by a professional driving instructor and have no basis to forbid as being competent
- Be able to come to Joe Prosser office (Unit 12 - 4 Cameron Road) 2 times per week for supervised driving sessions

Clients MUST have the mandatory driving school complete a Driving Competency Assessment to be completed along with a completed Supervised Permit.

Please Note: If the volunteer driver does not feel a young person requires further professional instruction, it will not be necessary for the young person to be placed on hold until each three times they have received a share in Driving Competency Assessment form which must be completed by Drive Smart Driving School who are aware of the requirements associated with our program.

Program Cost
The program costs residents of Mount Barker council: $10 per supervised driving session; non-residents of Mount Barker council: $20 per supervised driving session.

Applicant Notes:
The costs of professional driving sessions prior to entry into the Geared2Drive program is an additional cost to be covered by the participant.

Refund Policy
Refunds are available at any time; however, time of entry into the program is dependent on availability.

Once a young person is accepted into the program, they will be required to attend a parent workshop which covers issues such as safety, communication, dealing with peer influence, cooperation and emotion managing.

Enquiries
Please direct all enquiries to:
Email: info@geared2drive.net.au
Phone: Travica (08) 8395 8424 Mon-Fri 9:00am - 4:00pm

Please return completed Refund Form - Driving Assessment (completed by professional driving instructor/teacher and all required attachments to:
Email: info@geared2drive.net.au, please print, sign, and scan as email)