



# OAKBANK AREA SCHOOL 2019 CANTEEN MENU



## HOT FOODS

<b>Butter Chicken &amp; Rice</b>	\$5.00	A
<b>Chicken Burger</b> <i>(cucumber, tomato, cheese, bacon &amp; mayo)</i>	\$5.00	A
<b>Egg &amp; Bacon Roll</b> <i>(Egg, Bacon, Tomato Sauce)</i>	\$4.00	A
<b>Hot Pockets</b> <i>(Ham &amp; Cheese, Tomato &amp; Cheese, Cheese)</i>	\$3.50	A
<b>Hot Dogs:</b>		
* plain 	\$4.00	A
* with sauce and/or mustard	\$4.30	A
* with sauce & cheese	\$4.50	A
* with bacon	\$5.00	A
<b>Mrs Mac Beef Pie</b> 	\$4.00	A
<b>Mrs Mac Potato topped Pie</b>	\$4.00	A
<b>Mrs Mac Sausage Roll</b>	\$3.50	A
<b>Pizza:</b>		
* BBQ Meat Lovers	\$4.00	A
* Ham	\$4.00	A
* Ham & Pineapple	\$4.00	A
* Margarita	\$4.00	A
<b>Potato Gems (8 per serve)</b>	\$1.50	A
<b>Tempura Breast Nuggets (6 per serve)</b>	\$3.00	A
<b>Toasted Sandwich</b>  <i>(Ham &amp; cheese, cheese &amp; tomato or cheese)</i>	\$3.50	A
<b>Sauce</b> <i>(BBQ, Mustard, Aioli, Tomato or Mayo)</i>	\$0.40	A

## SNACKS

<b>Fruit Nuggets</b>	\$0.50	A
<b>Fruit Salad Cups</b>	\$1.50	A
<b>Veggie Chips</b>	\$1.50	A
<b>Red Rock Deli Chips (small)</b>	\$1.50	A
<b>Smiths Chips (small)</b>	\$1.50	A
<b>JJ Chips</b>	\$1.50	A
<b>Mini Oreos</b>	\$1.50	A



## SALAD TUBS

<b>Garden Salad (V &amp; GF)</b> <i>(lettuce, tomato, cucumber, carrot, red onion)</i>	\$4.50	G
<b>Roast Chicken Salad (GF)</b> <i>(Roast chicken, lettuce, tomato, cucumber, carrot, red onion &amp; cheese)</i>	\$5.00	G



## SANDWICHES, ROLLS & WRAPS

(Wholemeal bread & rolls available)	S/wich	Roll/Wrap	
<b>Cheese &amp; Salad</b>	\$3.50	\$4.50	G
<b>Vegemite</b>	\$3.00	\$3.50	G
<b>Ham &amp; Salad</b>	\$3.50	\$4.50	G
<b>Roast Beef &amp; Salad</b>	\$3.50	\$4.50	G
<b>Roast Chicken &amp; Salad</b>	\$3.50	\$4.50	G

*All the above salad sandwiches/wraps/rolls are served with lettuce, tomato, cucumber & mayo. Sandwiches and rolls are also buttered.*



## DRINKS

<b>Spring Water 600ml</b>	\$2.00	G
<b>Nippy's fruit juice box 200ml</b> <i>(Orange, apple, apple/blackcurrent, tropical)</i>	\$2.50	A
<b>Nippy's flavoured milk 375ml</b> <i>(Chocolate or Strawberry)</i>	\$3.00	A
<b>Nippy's flavoured milk 500ml</b> <i>(Chocolate or Strawberry)</i>	\$4.50	A



## TERM SPECIALS

<b>TERM 1 AND 4 ONLY</b>		
<b>Jelly (available Recess &amp; Lunch)</b>	\$1.50	A
<b>TERM 2 AND 3 ONLY</b>		
<b>Cheesy Garlic Bread (available Recess only)</b>	\$1.50	A

## FROZEN TREATS

A variety of frozen juices and ice creams are available starting from \$1.00 up to \$2.50 each.

G = Green / Everyday Healthy Options A = Amber / Choose Carefully GF = Gluten Free V = Vegetarian

**ORDERING INSTRUCTIONS:** Lunch orders need to be received by the Canteen before 10.30am each day. Orders need to display the students name and class.

PLEASE NOTE: Menu subject to change. For the most up to date menu, please visit the OAS website.



